

Great Appalachian Hikes

Join hiking veteran, Mike Hayslett, for Great Appalachian Hikes... in the Alleghany Highlands region, locally and to travel destinations in the tristate region of southwest Virginia, eastern Tennessee, and western North Carolina. New to the area? Want to get out of town? Experience some of the best hiking trails in the Alleghenies and travel with us to take in some of the most spectacular viewsheds in the southern Appalachians!

The classroom session covers hiking preparations, gear, etc. Then choose any or all of the 6 hikes offered – 3 local and 3 on-the-road. Group transportation will be provided for all destinations. Lodging and meals are not covered by the course fee, however, lodging will be prearranged by the instructor.

May 18 (Thursday) Course Orientation & Hiking Preparation 6-9pm, Rm. 375. Orientation/Prep session is required to participate in any hike.

LOCAL HIKES (\$65 each)

May 21 Sun Rich Hole Wilderness, Alleghany County VA Depart Sat 8am/Return Sat 5pm Jun 10 Sat Douthat State Park. Bath County VA Depart Sat 8am/Return Sat 5pm

Jun 11 Sun Cascades Gorge, Hot Springs VA Depart Sat 8am/Return Sat 5pm

TRAVEL TRIP HIKES (\$195 each)

Multiple hikes per trip

May 27-28 Mount Rogers/Grayson Highlands, SW Virginia

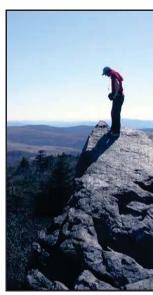
Depart Sat 7am/Return Sun 9pm

June 3-4 Roan Mountain State Park, Eastern TN

Depart Sat 7am/Return Sun 9pm

Joyce Kilmer Memorial Forest, Western NC June 16-18

Depart Fri 6pm/Return Sun 9pm



Package Deals

- All 3 local hikes: \$175 (save \$20)
- All 3 travel-trip hikes: \$499 (save \$86)

Transportation will be provided for all hikes. Expenses for lodging and meals are the responsibility of the participants, although, lodging will be pre-arranged. All hikes subject to change due to unforeseen circumstances (heavy rain, fire, flood, etc.).



As a local "mountain man," master naturalist and scientist, Michael S. Hayslett, M.S. has enjoyed a 30-year career in outdoor recreation, natural resource conservation, and higher education. He has been a park ranger, wildlife biologist, hiking guide, and professor of biology and environmental science. Mike grew up hiking, hunting, fishing, trapping, camping, caving, and exploring Nature here in the Alleghenies, but has also trekked throughout the wilds of the Eastern U.S., the Rockies and Alaska.